

Patient Impact on Life Questionnaire

We are interested in the degree of difficulty your condition places on your (or your child's) life or how it may limit your (or your child's) quality of life. Please focus on the general concept asked about in each question below. The examples given after each are simply to illustrate what the concept might mean - it doesn't matter that some of these examples don't apply to you. We do not want you to respond to the specific examples, just to think about the general concept, whatever that means for you (or for your child).

Please circle the number, which most represents the impact of your condition on this aspect of your life.

Social Interaction (Meeting friends, going out, joining in groups, going shopping, every day activities **outside** the home)

No difficulty	Little difficulty	Some difficulty	Quite difficult	Very difficult	Extremely difficult
1	2	3	4	5	6

Personal Interaction (Potential intimate social relations; with partner, family members, close personal friends)

No difficulty	Little difficulty	Some difficulty	Quite difficult	Very difficult	Extremely difficult
1	2	3	4	5	6

Ability to fulfill your responsibilities to others

(Do meaningful things for yourself or others; including caring for children, grandchildren, partner, employment (both paid and unpaid), including any impact of dependence on others)

No difficulty	Little difficulty	Some difficulty	Quite difficult	Very difficult	Extremely difficult
1	2	3	4	5	6

Personal care (Looking after yourself, your health, personal hygiene, need for special clothing)

No difficulty	Little difficulty	Some difficulty	Quite difficult	Very difficult	Extremely difficult
1	2	3	4	5	6

Personal safety (Being safe from harm; from yourself, or others, and in your surroundings)

No difficulty	Little difficulty	Some difficulty	Quite difficult	Very difficult	Extremely difficult
1	2	3	4	5	6

Leisure activities (Sporting activities, getting exercise, hobbies, gardening, DIY activities, crafts, travel)

No difficulty	Little difficulty	Some difficulty	Quite difficult	Very difficult	Extremely difficult
1	2	3	4	5	6